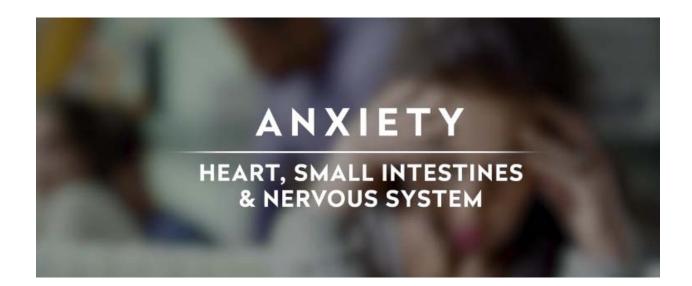
DISCLAIMER

Emotions related to organs

PS: Too much negativity & stress will cause these organs to eventually fail or get inflamed and/or miss-function











What to DO to fix stress?

REST - SLEEP - RELAX - SAVE - BREATH diaphramic



Your Parasympathetic Nervous System will thank you!